Water *Tracker*

WEEK OF: _____ / _____ / _____

MONDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛
TUESDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛
WEDNESDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛
THURSDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛
FRIDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛
SATURDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛
SUNDAY	🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛 🥛

JUICE	SMOOTHIE	COFFEE	TEA
☐	☐	☐	☐

MONDAY: ....

TUESDAY: ....

WEDNESDAY: ....

THURSDAY: ....

FRIDAY: ....